

SLIEVE BLOOM

inclined to **Hike it!**

Cadamstown Looped Walks

Giant's Grave



SAFETY NOTICE:
Keep to the walking path by the river bank. There are uneven rocky and slippery surfaces. Keep away from cliff edges at all times.

Photo credit: Peter Maher

Hike it!

Trail Directions

Category
Walking/Hiking Trails

Trailhead 3
Cadamstown
(Grid Ref. N 227 085)

Trail Quality

Terrain
Scenic view / forest road

Format
Circular

Distance (kms)
11km

Difficulty
Moderate

Time
2hrs 30mins depending on level of fitness

Services (distance in kms)
Kinnitty 5km
Clonaslee 10km

Starting from Cadamstown trailhead, follow the red arrows along the tarred road for 1km to reach an old laneway. Turn right on to Paul's Lane. Follow this wonderful old laneway uphill for almost 1km. At the top of Paul's Lane keep straight and you will reach a stile to open farmland. Follow the red arrows by the trees and cross the farmland and turn left on the avenue leaving the Slieve Bloom Way. When you reach a tar road turn right. Follow the signs for 1K to the Giant's Grave. Shortly after passing the Giant's Grave, the woodland path joins forestry track. Turn right, continue for 300m, turn right when you reach a 4-way junction (the SB Way goes left here). After 100m you reach a T-junction and turn left - follow the forestry track uphill to a clearing with superb views through the two kissing gates. You are now at Spink Mountain.

Follow the track downhill to a 3-way junction and veer right. You have joined the Eco Walk green loop and the SB Way, which overlap with the red loop on your return to Cadamstown.

Follow the forestry road for 500m where it turns left into the forestry. Follow the red, green and yellow arrows through the newly planted forest to exit at a small stream, Purcell's Brook. Cross Purcell's Brook and turn left onto an old laneway - you have joined the blue loop on its return to Cadamstown. Follow the laneway downhill to reach the beautiful Silver River weir. Cross a small stile and follow the red arrows back to the carpark.

Directions to Trailhead

Cadamstown, on the R421 regional road, just north of the Slieve Bloom Mountains, is 20km from Tullamore and 5km from Kinnitty.

Photo credit: Peter Maher



www.slievebloom.ie



Rialtas na hÉireann
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In partnership with the Department of Rural and Community Development.